

Post-Bris Aftercare

1. The baby can feed normally. Babies may feed slightly less on the day of the circumcision, and this is NORMAL.
2. It generally takes up to 1 week for the penis to be fully healed.
3. With each diaper change, apply a dime-sized amount of Vaseline (any brand) to the gauze (any brand) and loosely wrap the penis with the gauze pad. If the gauze falls off, that is OK.
 - a. If the gauze gets stuck to the penis when trying to remove it, soak the gauze in warm water.
4. Light bleeding or spots of blood in the diaper is NORMAL for the first 1-2 days.
 - a. If active bleeding occurs, apply a gauze pad and hold firm pressure for 5 full minutes. This will stop bleeding a majority of the time.
5. Starting Day #2, you will likely see a yellowish sticky material around the site of the circumcision. This is NORMAL granulation tissue involved with the healing process. Please leave it alone.
6. Expect the penis to look swollen for the first 3-5 days (though this may last up to 10 days).
7. Please sponge- or wipe-bathe the child for the first 4-5 days until the yellow substance is gone. Once that occurs, you may return to bathing normally.
8. Infection is RARE, but look out for foul-smelling yellow/green discharge, fever, or rash. This is generally treated with topical antibiotics.
9. The head of the penis may get re-covered by the shaft skin on occasion. This can be NORMAL and does not mean the circumcision was a failure. If it happens, push down lightly on the shaft until the head of the penis is exposed to prevent scar tissue from forming. You should only need to do this 1-2 times per day during diaper changes.
10. Your son will likely be a bit fussier in the first 24 hours. Normal comfort measures are adequate to help your child. Infant Acetaminophen (Tylenol) is NOT necessary but may be used if you find your son to be overly fussy or inconsolable. The dose of this is 1.25 mL (40 mg) per dose. You can give this every 6 hours (MAX 4 doses per 24 hours)
11. Expect a call from Dr James the following day to check in.
12. If you have any other concerns or questions, you may reach out to me at 949-315-9726